

CONTACT US

Heal '&' Bliss Medical Tourism

(A Unit of Lesdep Foundation Charitable Trust)

Registered Office

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HEALING SERVICES FOR A BLISSFUL LIFE




connect, share...care
PERSONALISED MEDICAL TOURISM FACILITATOR

LESDEP Foundation, a New Delhi-based Charitable Trust, has established its credentials in the area of Local Enterprise Skill Development Programs, Education and Healthcare in African countries over the years.

What is Heal '&' Bliss?

Heal '&' Bliss with headquarters in New Delhi, India, is a unit of Lesdep Foundation Charitable Trust. It is a professionally managed organisation providing world class healthcare facilities at an affordable & competitive cost.

We have panel of eminent of doctors, tie up with world class hospitals & accommodation facilities.

Our Mission

|| Sarve Santhu Niramaya ||
ancient Hindu Vedic prayer meaning
|| May all be free of diseases ||

Our Vision

Heal '&' Bliss envisages perfection in the services catered in healthcare sector. We believe to preserve enduring relationships with our patients through our adequate treatment facilities, love and affection.

What we offer

Pre-Arrival

- ❑ Receive queries of the patients, to be referred for treatment in India (via email / fax / post) from patients / physicians / nodal partners
- ❑ Our Medical Advisory Board analyzes patient's report to recommend best available options of the concerned treatment
- ❑ Adequate information is provided to the patient (via email / fax / post) regarding the estimated cost of treatment, duration of stay before & after surgery and accommodation options
- ❑ Upon due consultations, patient confirms the date of arrival

On Arrival

- ❑ Patient is received at the airport and assisted by our executive and taken to the hospital or to the place of accommodation (as per the medical condition of the patient)
- ❑ Pre-consultation with doctor, admission, treatment in the hospital is facilitated
- ❑ Post the treatment, our executive arranges all follow-up visits
- ❑ Upon Doctor's permission, recreation and leisure activities are arranged for the patient. This may include local shopping, spiritual sessions, visit to local tourist attractions within India etc.



List of Medical Treatments

We offer treatment facilities for all types of medical & surgical conditions.

- ❑ Transplant Surgeries
 - ❑ Cardiac Procedures
 - ❑ Orthopedic & Spine Surgeries
 - ❑ Cosmetic & Plastic Surgeries
 - ❑ Obstetric & Gynecological Procedures
 - ❑ Dental Procedures
 - ❑ Ophthalmology Procedures
 - ❑ Minimally Access Surgeries
 - ❑ Urology Procedures
 - ❑ Oncology
 - ❑ In-vitro Fertilization
- and all other possible treatments

List of Partner Hospitals



& more...

Special Attractions

- ❑ In case actual cost of treatment exceeds the estimated cost, we co-ordinate for extra funds through its nodal partner from the patient's native country
- ❑ We have our own Guest House located in the vicinity of our office. It is spacious with modern infrastructure, with a 24 hour attendant and a cook
- ❑ Language translator service
- ❑ Availability of nursing staff 24x7, if required
- ❑ We help in acquiring medical visas
- ❑ Holistic treatments & alternative medical therapies like Ayurveda, Spa & Naturopathy are also available at competitive costs
- ❑ Free mobile phone with local number & defined talk-time limit is given to the patient for the duration of stay in India
- ❑ Currency exchange facility & money transfer coordination provided

Exploring India

- ❑ We offer various packages of 2-3 days at a specialised centre offering mental and spiritual well-being therapies
- ❑ We offer attractive travel packages depending upon the condition and interest of the patient, with due consultation from the medical doctor



Testimonials

“Heal '&' Bliss is like God in my life, as they took me out of pain which I was bearing from many years. Before coming here, I had a severe headache and extreme vision problem but now my vision is clear, my headache is also fine and all this is because of Heal '&' Bliss. Here in India, they made me feel like home. Heal '&' Bliss provided me the best of its services which were beyond my expectations.”



Abednego Nyampong
Ghana
Vitreoretinal Surgery



Jonathan Asante
Ghana
Vitreoretinal Surgery

“I am extremely happy that I chose Heal '&' Bliss for my treatment, as their love and affection was the most useful medicine for me.”

“Before coming here, we were worried that how our child will be cured from this disease and who will guide us for the best treatment. Heal ‘&’ Bliss showed us a ray of hope and held our hand in the most difficult time of ours. They treated our child as their child and made us feel very comfortable. I am very thankful to Heal ‘&’ Bliss.”



Mawulorm Morley
Ghana
Cardiac Surgery

“I am extremely happy with the services of Heal ‘&’ Bliss. All the activities, be it fixing appointment with doctors, giving medicines on time, what food is suitable for me and so on was taken care by Heal ‘&’ Bliss. The most touching moment for me here was, when they celebrated my birthday and didn’t let me feel that I am away from my home.”



Ellen Aduke Ocansey
Ghana
Spinal Surgery



Dr. Salvador Jaja
Sudan
EPS & RF Ablation Treatment

“It would be very difficult for me to come to India and get myself treated with best of technology, by best of doctors and all of it at best cost, but Heal ‘&’ Bliss simplified this complex task and gave me a happier life.”



Bubacarr Chatty
The Gambia
Pericardial Tuberculosis

“In the journey from the extreme pain to the extreme relief, Heal ‘&’ Bliss was my only companion. I had left the hope of getting cured from my disease, but then Heal ‘&’ Bliss grabbed me and said don’t worry, we will take you out of this curse. Football is my life and because of this disease I couldn’t play it, but now after the treatment, I can go back to the football ground.”

“Heal ‘&’ Bliss is a very sincere organization having tie-ups with the highly esteemed and state-of-the art hospitals. They are integral and can handle patients very well. In India, state-of-the art medical facilities are available which are equal to the facilities found all over the world. We felt very happy after the treatment when we came to know that my wife is expecting and that too just within 30 to 40 days of our treatment.”



**Vector Gereng Deng Yel
& Asouta Adut Yel Yel**
Sudan
In-Vitro Fertilization



Mor Ndiaye
Senegal
Spinal Surgery

“I am very thankful to Heal ‘&’ Bliss, because they filled colours in my life again. They dint let me feel alone at all and were extremely caring. Before the surgery, I was totally paralyzed but just after the surgery an unbelievable sensation was there in my lower limb. I will be coming back after sometime for rehabilitation.”

“On behalf of The Gambian Government, The Gambia Armed Forces and on our own behalf LT. MOMODOU JARJU and CPL DAWDA CAMARA, we most express and extend our warm and deepest heartfelt commendation and appreciation to Heal ‘&’ Bliss for rendering us the utmost and highest support in terms of medical, physical and psychological support during our short period of stay with you.”



Dawda Camara
The Gambia
Decompression and Stem Cell Implantation
with Bone Substitute Implantation



Dr. Samuel Axwell Kofi Forson
Ghana
Laminectomy with discectomy with
pedicle screw fixation of vertebral

“They are extremely benevolent and caring. Being a doctor, I am very cautious, so was worried about this before coming here but their dedicated staff provided me the satisfying hygiene level. They made my treatment enjoyable and I can never imagine that a medical operation can be so pleasurable.”

Preventive Healthcare Program

IS IT TOO MUCH TO DEVOTE 1 HOUR FOR YOUR WELL BEING?

You may be at risk if you are

- ❑ An obese
- ❑ An executive with a stressful job
- ❑ A smoker or a heavy drinker
- ❑ High blood pressure and heart disease
- ❑ Suffering from or having family hereditary problems
- ❑ Having chronic indigestion
- ❑ Losing weight or sense of un-well being
- ❑ Low exercise tolerance

At Heal ' & ' Bliss, we consider that healthiness is a state of complete physical, mental and social well being. A complete health check-up is necessary in providing continuous health surveillance at all times.

Our scriptures tell us that our body is a temple in which the soul lives. We should keep our body healthy and physically powerful. In order to take appropriate action, all you require to do is to get yourself checked with your medical practitioner at least once in a year.

Medical Camps

Our goal is to provide basic medical care to the local population in the vicinity of a city. We organize medical camps in Embassies & High Commissions; Senior Citizen Associations; Hospitals; Residential Colonies within India and African countries on distinct specialties as per the need of the land.

Few checkups done in the camp are listed below :

- ❑ ENT
- ❑ Orthopaedic
- ❑ Cardiac
- ❑ Surgical
- ❑ Gynecology
- ❑ Eye camps etc.



Diagnostic Centres

To bring in good health in any country, it is most important to set up a diagnostic center to find out the cause of any health problem. Heal ' & ' Bliss specializes in setting up such diagnostic centers wherein all preventive healthcare checkups, from blood tests to CT scans and MRI's are taken care of. A diagnostic centre can be established at a location that is easily accessible and has population concentration, or the appropriate place can be near to private and public hospitals. Our labs offer entire range of Clinical Diagnostic Testing possible across the globe with accuracy and at an affordable price.

With our initiative in Ghana, Heal ' & ' Bliss is setting up a State of the Art Central Clinical Reference Lab at Accra with plans to acquire bigger dimensions by becoming a global network of highly automated and sophisticated diagnostic laboratories ensuring quality, reliability and customer satisfaction. It aims to extend its unmatched services through a network of about 100 collection centres in West Africa, to begin with.

